BREAKFAST

SERVED FROM 9AM - 11AM WEEKDAYS / 9AM - 11.30AM ON SATURDAYS

BREAKFASTS

SMALL BREAKFAST 11.00
SAUSAGE, BACON, BLACK PUDDING, ROASTED FLAT MUSHROOM, GRILLED CHERRY TOMATOES, BAKED BEANS & FRIED LLAINWEN EGG

SMALL VEGETARIAN BREAKFAST 11.50
GLANMORGAN SAUSAGE, HASH BROWN, ROASTED FLAT MUSHROOM, GRILLED CHERRY VINE TOMATOES, BAKED BEANS & FRIED LLAINWEN EGG

LARGE BREAKFAST 13.00
SAUSAGE, BACON, BLACK PUDDING, ROASTED FLAT MUSHROOM, GRILLED CHERRY TOMATOES, BAKED BEANS & FRIED LLAINWEN EGG

LARGE VEGETARIAN BREAKFAST 13.80
GLANMORGAN SAUSAGE, HASH BROWN, ROASTED FLAT MUSHROOM, GRILLED CHERRY VINE TOMATOES, BAKED BEANS & FRIED LLAINWEN EGG

GRANOLA PANCAKES 11.50
FLUFFY BUTTERMILK PANCAKES TOPPED WITH MIXED BERRY COMPOTE, LLAETH Y LLAN GREEK YOGHURT, CRWST GRANOLA & MAPLE SYRUP

BEANS ON TOAST 8.00
GRILLED SOURDOUGH TOAST, TOPPED WITH BAKED BEANS IN A RICH TOMATO SAUCE

LLAINWEN EGGS ON TOAST 8.20
LLAINWEN EGG'S, POACHED, SCRAMBLED OR FRIED, SERVED ON TOASTED SOURDOUGH WITH SALTED SHIGAR WELSH BUTTER

SMASHED AVOCADO 11.50
SMASHED AVOCADO, POACHED LLAINWEN EGGS, LLANBENWCH SESAME SEASONING, CHIVE OIL SERVED ON TOASTED SOURDOUGH BREAD

BERRIES & CREAM PANCAKES 9.50
FLUFFY BUTTERMILK PANCAKES TOPPED WITH MIXED BERRY COMPOTE, CREME FRAICHE & CINNAMON SUGAR

TOASTED

HENLLAN BAKERY BREADS, SERVED WITH SALTED WELSH SHIGAR BUTTER

TOAST	2.60
CRUMPETS	2.70
TEA CAKE	3.50
SOURDOUGH	3.00
ADD JAM, NUTELLA, HONEY OR MARMALADE	1.00

BREAKFAST SANDWICHES

SERVED ON WHITE OR BROWN HENLLAN BAKERY BREAD OR BAP

	GFA
BACON OR SAUSAGE OR FRIED EGGS	6.00
BACON & EGG OR SAUSAGE & EGG	6.80
BACON, SAUSAGE & EGG	8.50
GLANMORGAN SAUSAGE	7.00

BREAKFAST BOWL 9.80
LLAETH-Y-LLAN GREEK YOGHURT, MIXED BERRY COMPOTE, CRWST GRANOLA & MAPLE SYRUP

ADD A LITTLE SOMETHING EXTRA?

GRILLED BACON	£1.50	HALLOUMI	£2.90	GRATED CHEDDAR	£0.95
SAUSAGE	£1.50	SMASHED AVOCADO	£2.50	CHERRY VINE TOMATOES	£0.95
STREAKY BACON	£1.50	GRILLED MUSHROOM	£0.95	GLANMORGAN SAUSAGE	£1.95
BLACK PUDDING	£1.50	EXTRA TOAST	£0.95	SMOKED SALMON	£2.95
HASH BROWN	£1.50	BAKED BEANS	£0.95		

BRUNCH

SERVED FROM 10.30AM - 2.30PM WEEKDAYS / 11.30AM - 3.PM ON SATURDAYS

GARLIC MUSHROOMS 11.00
ROASTED FLAT MUSHROOMS IN A CREAMED CONFIT GARLIC AND ROCKET SAUCE, TOPPED WITH WHITE TRUFFLE OIL AND SHAVED PARMESAN

HALLOUMI, BACON & EGG PANCAKES 13.00
FLUFFY BUTTERMILK PANCAKES TOPPED WITH STREAKY BACON, GRILLED HALLOUMI, FRIED LLAINWEN EGG & MAPLE SYRUP

WELSH STYLE PANCAKES 9.80
FLUFFY BUTTERMILK PANCAKES TOPPED WITH SHIGAR SALTED WELSH BUTTER, MAPLE SYRUP & STREAKY BACON

TRUFFLED LLAINWEN EGG'S 11.80
SCRAMBLED LLAINWEN EGG'S, WHITE TRUFFLE BUTTER, SHAVED PARMESAN, SERVED ON TOASTED SOURDOUGH

EGGS BENWCHDICT 11.80
POACHED LLAINWEN EGG'S TOPPED WITH HOLLANDAISE SAUCE SERVED ON TOASTED OVEN TOP MUFFIN WITH SALTED SHIGAR WELSH BUTTER

FETA BAGEL 9.20
TOASTED BAGEL FILLED WITH SMASHED AVOCADO, HOT HONEY ROASTED CHERRY TOMATOES, GREEK FETA & MINT YOGHURT

SPICED AVOCADO 12.00
SMASHED AVOCADO, POACHED LLAINWEN EGGS, LLANBENWCH SESAME SEASONING, SRIRACHA CHILLI SAUCE, HOUSE PICKLED RED ONIONS SERVED ON TOASTED SOURDOUGH BREAD

SWEET CHILLI HALLOUMI BAGEL 9..20
TOASTED BAGEL FILLED WITH SMASHED AVOCADO, GRILLED HALLOUMI, ROCKET AND SWEET CHILLI SAUCE.

SHAKSHOUKA 12.00
BAKED LLAINWEN EGG'S IN A MOROCCAN SPICED TOMATO TAGINE. SERVED WITH TOASTED HENLLAN BLOOMER/SOURDOUGH AND MINT YOGHURT

SMOKED SALMON & CREAMED CHEESE 9.95
TOASTED BAGEL FILLED WITH OAK SMOKED SALMON, WHIPPED CHIVE CREAMED CHEESE, PICKLED CUCUMBER, DILL OIL & ROCKET

WELSH RAREBIT 12.00
TRADITIONAL CHEDDAR & MUSTARD RAREBIT, STREAKY BACON, FRIED LLAINWEN EGGS, SERVED ON TOASTED CRUMPETS

FOOD ALLERGIES AND INTOLERANCES

IF YOU HAVE ANY FOOD ALLERGENS OR INTOLERANCES PLEASE SPEAK TO A MEMBER OF OUR TEAM. WE'RE PROUD TO FRESHLY PREPARE OUR FOOD IN OUR KITCHEN EVERY DAY, BUT AS WE USE MANY INGREDIENTS, HAVE A SMALL KITCHEN & USE SHARED EQUIPMENT, WE ARE UNABLE TO GUARANTEE THAT OUR FOOD IS ALLERGEN FREE DUE TO THE RISK OF CROSS-CONTACT.